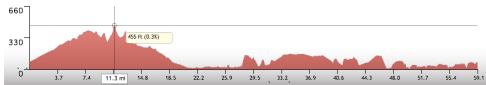


SUMMER SOLSTICE TOUR - SAT

Total = 59.1 Miles FLAT-ROLLY
@ +1,913/-1,921 ft (456' MAX)

Miles	Go	Dist
0.0	out	Deerfield Park Parking Lot 0.1
0.1	L	IRVINE CENTER DR 3.3
3.4	L	BARRANCA / MUIRLANDS 4.7
8.1	R	LOS ALISOS 1.2
9.3	L	PASEO DE VALENCIA 2.4
11.7	R	CABOT 1.7
13.4	L	RAPID FALLS / Trail 0.1
13.5	R	Oso Crk/Forbes/Cabot Trail 0.3
13.8	to	FORBES RD 0.7
14.5	L	MetroLink / AmTrak Depot 0.0
14.5		(Stairs under tracks to other side) 0.0
14.5	R	CAMINO CAPISTRANO 4.0
18.5	R	DEL OBISPO 0.2
18.7	R	PASEO ADELANTO 0.0
18.7	L	Connector to Bike Trail 0.0
18.7	L	Bike Trail (down stream) 0.5
19.2	R	Bike Bridge 0.1
19.3	L	Bike Trail (down stream) 2.4
21.7	R	End @ surf; Bathrooms
		Head North back to street 0.1
21.8	R	PARK LANTERN (over creek) 0.1
21.9	R	PARK LANTERN 0.1
22.0		through parking lot along beach 0.7
22.7	to	Bike Trail 0.2
22.9	L	Exit Trail onto BEACH 0.0
22.9	R	COAST HIGHWAY 2.6
25.5	R	AVENIDA ESTACION 0.0
25.5		(Visit Urban Outfitters/OCBC!) 0.0
25.5	L	BOCCA DE LA PLAYA 0.2
25.7	to	San Clemente Beach Trail 0.0
25.7		(Dismount when required !) 2.3
28.0	L	AVENIDA CALIFIA 0.4
28.4	R	AVENIDA DEL PRESIDENTE 0.3
28.7	L	AVE SAN LUIS REY 0.1
28.8	R	S EL CAMINO REAL 0.6
29.4		CARL'S JR REGROUP 0.0
29.4	L	S EL CAMINO REAL 0.2
29.6	R	CRISTIANITOS RD 0.1
29.7	L	Bike Trail 1.1
30.8	R	OLD HWY 101 / PCH 9.2
40.0	L	LAS PULGAS into Base 0.7
40.7	R	STUART MESA RD 6.9
47.6	R	VANDERGRIFT BLVD 1.9
49.5	L	CARMELO DR @ DelTaco 0.2
49.7	L	Cross Parking Lot 0.2
49.9		Under RR Tracks 0.0
49.9	L	S HARBOR DRIVE 0.1
50.0	L	N PACIFIC ST (over bridge) 1.5
51.5	jog	S PACIFIC ST 1.2
52.7	L	CASSIDY ST 0.1
52.8	R	BROADWAY ST 0.2
53.0	L	VISTA WAY 0.1
53.1	R	S COAST HWY 0.5
53.6	BR	stay on CARLSBAD BLVD 5.0
58.6	L	POINSETTIA LN 0.0
58.6	L	AVENIDA ENCINAS 0.4
59.0	R	RAINTREE DR 0.1
59.1	L	MOTEL 6
		750 Raintree Drive, Carlsbad
		(760) 431-0745

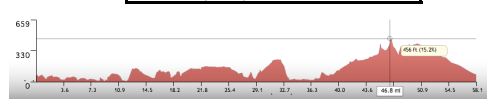


<http://ridewithgps.com/routes/456917>

SUMMER SOLSTICE TOUR - SUN

Total = 58.1 Miles FLAT-ROLLY
@ +1,999/-1,992 ft (456' MAX)

Miles	Go	Dist
0.0	R	RAINTREE DR 0.1
0.1	L	AVENIDA ENCINAS 0.1
0.2	R	POINSETTIA LN 0.2
0.4	R	CARLSBAD BLVD / PCH 5.6
6.0	L	VISTA WAY 0.1
6.1	R	BROADWAY ST 0.2
6.3	L	CASSIDY ST 0.2
6.5	R	S PACIFIC ST 2.6
9.1	R	S HARBOR DR 0.1
9.2	R	Under RR Tracks -9.2
		Cross Parking Lot 9.3
9.3	R	RIVERSIDE DR to 0.1
9.4	to	SAN LUIS REY DR 0.1
9.5	to	CARMELO DR 0.1
9.6	R	VANDERGRIFT BLVD 1.9
11.5	L	STUART MESA RD 6.9
18.4	L	LAS PULGAS exit Base 0.7
19.1	R	OLD HWY 101 Bike Trail
	to	OLD HWY 101 / PCH 9.2
28.3	L	OLD HWY 101 Bike Trail 1.1
29.4	R	CRISTIANITOS RD 0.2
29.6	L	S EL CAMINO REAL 0.2
29.8	R	CARL'S JR REGROUP 0.0
29.8	R	S EL CAMINO REAL /
	to	COAST HWY 7.1
36.9	BR	DOHENEY PARK RD 0.4
37.3	BL	CAMINO CAPISTRANO 6.3
43.6	L	Under Tracks @ Depot 0.1
43.7	R	FORBES RD 0.7
44.4	L	Oso Crk/Forbes/Cabot Trail 0.3
44.7	R	CABOT 1.7
46.4	L	PASEO DE VALENCIA 2.4
48.8	R	LOS ALISOS 1.2
50.0	L	MUIRLANDS / BARRANCA 4.8
54.8	R	IRVINE CENTER DR 3.2
58.0	R	DEERWOOD 0.1
58.1	to	DEERFIELD PARK
		55 Deerwood West, Irvine
		(949) 724-6725



<http://ridewithgps.com/routes/459802>



Summer Solstice ~ www.sellin.com/solstice
Bicycle Club of Irvine ~ www.BikeIrvine.org
Comments? Mailto:bill@bikeirvine.org

UPDATED: 06/06/2011