

# The 13th Annual BCI Summer Solstice Tour June 21 & 22, 2003

## SATURDAY

8am Meet at DEERFIELD PARK (Park cars on streets, not parking lot)  
 8:30 Get Route details, meet new friends...  
 9am Roll Out!

City / Area	? = Turn	L=Left; R=Right; L'=1st Left; R'=1st Right Onto: (Note)	ride for:	Total Day	Total Tour
Irvine		DEERWOOD (Exit Parkinglot - just to ICD)	0.1	0.1	0.1
Irvine	L	IRVINE CENTER DRIVE (East-toward the sun...)	3.5	3.6	3.6
Irvine	L	ALTON (Over 5 Freeway)	2.1	5.7	5.7
East Irvine	R	BARRANCA / MUIRLANDS	5.0	10.7	10.7
Mission Viejo	R	LA PAZ (@ end of Muirlands)	0.2	10.9	10.9
Mission Viejo	L'	CABOT	2.2	13.1	13.1
Mission Viejo	L	RAPID FALLS RD (just to short Bike Trail)	0.0	13.1	13.1
Mission Viejo	R'	OSO CREEK Trail (to end onto FORBES RD)	0.3	13.4	13.4
Mission Viejo	R'	FORBES RD to MetroLink Station @ end	0.8	14.2	14.2
		24 steps or elevators to get UNDER tracks at MetroLink Stn!			14.2
SJ Capistrano	to	CAMINO CAPISTRANO through town...	6.5	20.7	20.7
Dana Point	to	DOHENY PARK RD (Camino Capistrano)	0.5	21.2	21.2
Capistrano Bch	to	CST HIGHWAY SOUTH/EL CAMINO REAL(Carl's Jr*)	7.5	28.7	28.7
San Clemente	R	CHRISTIANITOS @ end of CAMINO REAL	0.2	28.9	28.9
San Clemente	L	BIKE PATH just beach side of the I-5 Freeway South Bound on-ramp...to Old Hwy...Over Bridge... Past Power Plant & through State Beach...			28.9
San Onofre					28.9
Camp Pendleton		under FRWY follow BIKE PATH to end at	12.2	41.1 *	41.1
Camp Pendleton	R	LAS PULGAS (SAG* group up to ride freeway!)	0.2	41.3	41.3
Camp Pendleton	L'	I-5 Freeway (exit at rest area & regroup!*)	8.0	49.3	49.3
Oceanside	EXIT	OCEANSIDE HARBOR DRIVE @ Denny's*	0.2	49.5 *	49.5
Oceanside	R'	HARBOR DRIVE (vear Left at marina)	0.6	50.1	50.1
Oceanside	L	PACIFIC (slow but more scenic than Hell St!)	3.3	53.4	53.4
Oceanside	L	CASSIDY (under bridge & just over tracks)	0.1	53.5	53.5
Carlsbad	R	BROADWAY (Bike Route)	0.3	53.8	53.8
Carlsbad	L	VISTA (Bike Route - just to COAST HWY)	0.1	53.9	53.9
Carlsbad	R	COAST HWY / CARLSBAD BLVD (S-21)	4.0	57.9	57.9
Carlsbad	R	POINSETTIA @ Camp Ground entrance on Right!	0.1	58.0	58.0
		SOUTH CARLSBAD STATE BEACH (Sites 126 & 175) (760) 438-3143 (Check-in @ 2 PM)		58.0	58.0
		- or -		58.0	58.0
Carlsbad	L	POINSETTIA (@ Camp Ground entrance)	0.3	58.3	58.3
Carlsbad	L'	AVE ENCINAS (@ 1st signal)	0.1	58.4	58.4
Carlsbad	R'	RAINTREE to the	0.1	58.5	58.5
		ECONOMY INNS OF AMERICA (760) 931-1185 (Check-in is after 1:00 PM!)			

1pm Check In @ Inn : Chill @ pool or go to Beach until rooms are ready!  
 2pm Check in camp sites; Pick tent site, swim, surf, relax at the beach...  
 5pm Walk or ride over to camp grounds from Inn for Dinner!  
 5:30pm Assemble for Dinner by the group fire ring...  
 6pm Dinner is Served!  
 7pm Party & Roast Marshmallows around the fire !  
 8:ish Sun Sets  
 9:30 Clean up & quite down / head back to Inn or crawl into tents...



# The 13th Annual BCI Summer Solstice Tour June 21 & 22, 2003

## SUNDAY

7am Break Camp... Go to Inn for free coffee  
 8am Ride!  
 9am Breakfast at the Carrow's in Oceanside or on down the road

	? = L=Left; R=Right; L'=1st Left; R'=1st Right	ride	Total	Total
Turn	Onto: (Note)	for:	Day	Tour
Leave camp ground & head for the Inn...				
Carlsbad	EXIT POINSETTIA from campground main gate (walk)	0.3	0.3	53.7
Carlsbad	L' AVE ENCINAS (1st signal over bridge)	0.1	0.4	53.8
Carlsbad	R' RAINTREE to hotel parking lot	0.1	0.5	53.9
Carlsbad	R' Hot coffee @ the Inns of America lobby...		0.5	53.9
Carlsbad	L' RAINTREE leaving hotel parking lot	0.1	0.6	54.0
Carlsbad	R' AVE ENCINAS (yes RIGHT - NORTH ->)	1.5	2.1	55.5
Carlsbad	L PALOMAR AIRPORT ROAD (merges onto PCH NORTH)	0.5	2.6	56.0
Carlsbad	R PCH / (S-21) CARLSBAD ROAD / COAST HWY / HILL	6.4	9.0	62.4
Oceanside	Or take VISTA~BROADWAY~CASSIDY~PACIFIC Bike Route back to Harbor			62.4
Oceanside	R HARBOR (Under bridge, merging cars, stay left)	0.3	9.3 *	62.7
Oceanside	L' SAN RAFAEL onto I-5 N (regroup 4 Freeway!*)	8.0	17.3	70.7
Camp Pendleton	R' Exit Freeway at LAS PULGAS (*SAG)	0.1	17.4	70.8
Camp Pendleton	L' BIKE PATH / Route back to San Clemente	12.2	29.6 *	83.0
San Clemente	R CHRISTIANITOS	0.2	29.8	83.2
San Clemente	L' EL CAMINO REAL / COAST HWY (*SAG @ Carl's*)	6.5	36.3 *	89.7
Capistrano Bch	L <- BEACH / PALISADES -> to TRAIL on beach	0.1	36.4 *	89.8
Capistrano Bch	R BIKE TRAIL through Doheney State Beach to	1.3	37.7 *	91.1
Dana Pnt	San Juan Creek BIKE TRAIL upstream...	2.3	40.0 *	93.4
SJ Capistrano	L Trabuco Creek BIKE TRAIL past Descanso Park	1.0	41.0 *	94.4
SJ Capistrano	to AVENITA DE LA VISTA @ end of BIKE TRAIL	0.3	41.3 *	94.7
SJ Capistrano	R LA ZANJA	0.2	41.5 *	94.9
Capistrano Bch	L CAMINO CAPISTRANO back to	3.1	44.6 *	98.0
Capistrano Bch	L @LagunaNiguel/MissionViejo MetroLink Depot*	0.1	44.7 *	98.1
Mission Viejo	24 steps or elevators to get UNDER tracks at MetroLink Stn!		44.7	98.1
Mission Viejo	R FORBES RD (to Trail on left at end of road)	0.8	45.5	98.9
Mission Viejo	R OSO CREEK Trail (to CABOT at RAPID FALLS)	0.3	45.8	99.2
Mission Viejo	L' RAPID FALLS RD (just to get back on CABOT)	0.0	45.8	99.2
Mission Viejo	R CABOT	2.2	48.0	101.4
Mission Viejo	R LA PAZ	0.2	48.2	101.6
Mission Viejo	L MUIRLANDS / BARRANCA	5.0	53.2	106.6
Irvine	L ALTON	2.1	55.3	108.7
Irvine	R IRVINE CENTER back to DEERWOOD at start!	3.5	58.8	112.2

*\*SAG drivers will look for you at San Rafael, Las Pulgas, Carls Jr & MetroLink to bail out...*

**Be prepared for EXTREME heat!**



**KEEP HYDRATED!**

*It usually gets VERY HOT when we leave the coast!*