

<b>TUESDAY NIGHT 20 MILES</b>			
L	IRVINE CENTER	0.8	0.8
R	YALE	0.4	1.2
R	W YALE LOOP	2.8	4
R	YALE	0.9	4.9
R	UNI/EASTBLUFF/BONITA CNYN	6.8	11.7
R	SHADY CANYON	2.6	14.3
L	SUNNYHILL	0.2	14.5
R	TURTLE ROCK	0.7	15.2
R	RIDGELINE	1.8	17
L	MICHELSON	0.3	17.3
R	YALE	0.4	17.7
R	E YALE LOOP	1.9	19.6
R	YALE	0.2	19.8
L	IRVINE CENTER	0.8	20.6
R	INTO PARK	0	20.6

<b>STARCREST/NEWPORT COAST 24.5 MI</b>		
R	IRVINE CENTER	
L	HARVARD	
R	BERKELEY	
L	CAMPUS	
L	TURTLE ROCK	
R	STARCREST	HILL. TO SKIP, CONTINUE ON TURTLE ROCK
R	RIDGELINE	
R	TURTLE ROCK	
L	SUNNYHILL	
R	SHADY CANYON	
L	BONITA CANYON	
L	NEWPORT COAST	
R	SAN JOAQUIN HILLS RD	
R	JAMBOREE	
R	UNIVERSITY	
L	HARVARD	
R	IRVINE CENTER	
L	INTO PARK	

<b>TUESDAY NIGHT 23 MILES</b>	
R	IRVINE CENTER
L	HARVARD
R	BERKELEY
L	CAMPUS
R	TURTLE ROCK
R	SUNNYHILL
R	SHADY CANYON
L	BONITA CANYON/EASTBLUFF
R	ALBA
R	ARALIA
L	ALTA VISTA
R	BISON
L	JAMBOREE
R	CAMELBACK ST
L	BISON
R	E. PELTASON DR.
L	HARVARD
R	IRVINE CENTER
L	INTO PARK
R	IRVINE CENTER DR.
L	INTO PARK

<b>TUESDAY NIGHT RIDE 26 MI</b>	
R	IRVINE CENTER DR.
L	HARVARD
R	UNIVERSITY-EASTBLUFF
R	VISTA DEL ORO
R	MAR VISTA
R	EASTBLUFF
R	MESA VIEW
L	FORD
R	SAN MIGUEL
L	SAN JOAQUIN
L	NEWPORT COAST
R	BONITA CYN
R	SHADY CANYON
L	SUNNYHILL
R	TURTLE ROCK DR
R	RIDGELINE DR
X	UNIVERSITY
L	MICHAELSON
R	HARVARD
R	IRVINE CENTER DR.
L	INTO PARK