

TUESDAY MORNING (Short Cut)

Total = 21 Miles

ROLLY

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Dir	Miles		Dist
E	0.0	UCP Parking Lot	0.1
L	0.1	BEECH TREE	0.1
L	0.2	ROYCE	0.2
R	0.4	MICHELSON	0.5
L	0.9	YALE (over 405)	0.4
R	1.3	E YALE LOOP	1.4
R	2.7	BARRANCA	4.7
L	7.4	ALTON	1.5
R	8.9	FAIRBANKS	0.2
R	9.1	IRVINE / TRABUCO	1.7
R	10.8	LAKE FOREST	0.0

REST STOP

**BLACK FOREST BAKERY
LAKE FOREST & TRABUCO
LAKE FOREST**

R	10.8	LAKE FOREST	0.1
R	10.9	SERRANO	0.8
R	11.7	TOLEDO	0.8
L	12.5	ALTON	0.9
R	13.4	BARRANCA	1.9
L	15.3	VALLEY OAK	3.2
R	18.5	DOVE CREEK	0.4
L	18.9	ROYAL OAK	0.4
R	19.3	QUAIL CREEK	0.4
L	19.7	JEFFREY	0.4
R	20.1	405 Bike Trail	0.4
←	20.5	YALE (over 405)	0.4
R	20.9	ROYCE	0.4
L	21.3	BEECH TREE	0.1
R	21.4	UCP Parking Lot	0.0

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ucp2sday.xls BLACKFOREST

UPDATED: 03/06/2007

TUESDAY MORNING

Total = 27 Miles

ROLLY

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Dir	Miles		Dist
E	0.0	UCP Parking Lot	0.1
L	0.1	BEECH TREE	0.1
L	0.2	ROYCE	0.2
R	0.4	MICHELSON	0.5
L	0.9	YALE (over 405)	0.4
R	1.3	E YALE LOOP	1.4
R	2.7	BARRANCA	4.7
L	7.4	ALTON	1.5
R	8.9	FAIRBANKS	0.2
R	9.1	IRVINE / TRABUCO	0.5
L	9.6	BAKE	1.3
R	10.9	COMMERCE CNTR	0.6
R	11.5	DIMENSION	0.6
L	12.1	LAKE FOREST	0.2
R	12.3	REGENCY	0.8
L	13.1	NORMANDALE	0.2
R	13.3	EL TORO	2.2
R	15.5	SERRANO	1.0
X	16.5	LAKE FOREST	0.0
R	16.5	into Shopping Cntr	0.1

REST STOP

**BLACK FOREST BAKERY
LAKE FOREST & TRABUCO
LAKE FOREST**

R	16.6	LAKE FOREST	0.1
R	16.7	SERRANO	0.9
R	17.6	TOLEDO	0.9
L	18.5	ALTON	1.0
R	19.5	BARRANCA	3.7
L	23.2	VALLEY OAK	0.5
R	23.7	DOVE CREEK	0.4
L	24.1	ROYAL OAK	0.1
R	24.2	QUAIL CREEK	0.3
L	24.5	JEFFREY	0.3
R	24.8	405 Bike Trail	0.9
←	25.7	YALE (over 405)	0.7
R	26.4	ROYCE	0.3
L	26.7	BEECH TREE	0.1
R	26.8	UCP Parking Lot	0.1

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UPDATED: 06/06/2007