

**TUESDAY MORNING**

Total = 25 Miles ROLLY  
 @ CHECK DISTANCES!

Dir	Miles		Dist
W	0.0	UCP Parking Lot	0.0
L	0.0	LEXICON	0.1
R	0.1	SANDBURG	0.1
L	0.2	MICHELSON	0.9
R	1.1	HARVARD	3.1
R	4.2	Walnut Trail @ RR Xing	3.0
R	7.2	SAND CANYON	0.2
L	7.4	LAGUNA CANYON	2.1
R	9.5	QUAIL HILL	1.1
L	10.6	Shady Cnyn Trail	3.8
L	14.4	BONITA CANYON	2.2
R	16.6	MACARTHUR	0.6
R	17.2	BISON	0.1
L	17.3	BAYSWATER	0.1
L	17.4	into Shopping Cntr	0.0

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**REST STOP  
 PANERA  
 BISON & MACARTHUR  
 NEWPORT**

R	17.4	BISON	0.6
X	18.0	MACARTHUR	
X	18.0	JAMBOREE	
L	18.0	ALTA VISTA	0.6
R	18.6	ARALIA	0.1
L	18.7	ALBA	0.0
R	18.7	EASTBLUFF	0.2
L	18.9	VISTA DEL ORO	1.9
L	20.8	EASTBLUFF	0.1
L	20.9	@ BACK BAY DR	
to	20.9	Eastbluff Side Path to	0.2
L	21.1	Jamboree Side Path to	0.3
R	21.4	San Diego Crk Bike Trail	2.6
R	24.0	MICHELSON	1.0
R	25.0	SANDBURG	0.2
L	25.2	LEXICON	0.1
R	25.3	UCP Parking Lot	0.0

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 ucp2sday.xls PANERA

UPDATED: 06/06/2007

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R	18.7	EASTBLUFF	0.2
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R	25.0	SANDBURG	0.2
L	25.2	LEXICON	0.1
R	25.3	UCP Parking Lot	0.0

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