

**SUNDAY SOCIAL - MEDIUM**

32 Miles

1250' Climb

To Next

Dir		Turn	Miles
L	IRVINE CENTER DR	2.5	2.5
R	LAGUNA CANYON	6.2	8.7
L	EL TORO	3.0	11.7
R	MOULTON	1.5	13.2
L	LAGUNA HILLS	0.7	13.9
L	PASEO DE VALENCIA	0.6	14.5
R	ALISO CREEK Trail Before LOS ALISOS	0.6	15.1
L	Under Freeway, left fork	2.0	17.1
	Under Rockfield		
	Under Muirlands		
L	Brown Bridge	0.6	17.7
R	Brown Bridge	0.6	18.3
	Under Trabuco	0.8	19.1
	Under El Toro	0.6	19.7
	Under PORTOLA, then U		19.7
R	PORTOLA (E)	0.7	20.4

**FOOD/REST STOP****STARBUCKS & DELI****GLENN RANCH & PORTOLA****FOOTHILL RANCH**

Return to Deerfield Park

L	PORTOLA (W)	0.9	21.3
L	BAKE	3.9	25.2
R	JERONIMO	0.6	25.8
L	ALTON	0.9	26.7
L	TECHNOLOGY E	1.2	27.9
L	BARRANCA	0.4	28.3
R	IRVINE CTR DR	3.3	31.6
R	DEERWOOD		31.6

**QUESTIONS/COMMENTS****RIDECOORD@BIKEIRVINE.ORG**

SUN24.XLS ~ MEDIUM

**SUNDAY SOCIAL - LONG**

42 Miles

HILLY

To Next

Dir		Turn	Miles
L	IRVINE CENTER DR	2.5	2.5
R	LAGUNA CANYON	6.2	8.7
L	EL TORO	3.0	11.7
R	MOULTON	2.7	14.4
L	OSO	1.9	16.3
L	CABOT	0.7	17.0
L	PASEO DE VALENCIA	2.4	19.4
R	ALISO CREEK Trail Before LOS ALISOS	0.6	20.0

**SHFT MIND SET TO "TRAL"****Hate Bike Trails? Instead:****R Los Alisos, L Portola**

L	Under Freeway, left fork	2.0	22.0
	Under Rockfield		22.0
	Under Muirlands		22.0
L	Brown Bridge	0.6	22.6
R	Brown Bridge		22.6
	Under Trabuco	1.4	24.0
	Under El Toro	0.6	24.6
	Under Portola	2.6	27.2
U	EL TORO (S) at end	2.7	29.9
R	PORTOLA, then left	0.7	30.6

**FOOD/REST STOP****STARBUCKS & DELI****GLENN RANCH & PORTOLA****FOOTHILL RANCH**

L	PORTOLA (W)	0.9	31.5
L	BAKE	3.9	35.4
R	JERONIMO	0.6	36.0
L	ALTON	0.9	36.9
L	TECHNOLOGY E	1.2	38.1
L	BARRANCA	0.4	38.5
R	IRVINE CTR DR	3.3	41.8
R	DEERWOOD		41.8

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