

SUNDAY SOCIAL - MEDIUM

28 Miles 1050' Climb

Dir		To Next	
		Turn	Miles
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	1.3	2.1
L	TRABUCO	0.7	2.8
R	CULVER	1.9	4.7
R	PORTOLA	2.5	7.2
R	SAND CANYON	0.7	7.9
L	IRVINE BL	3.8	11.7
R	BAKE	0.4	12.1
L	TOLEDO	1.0	13.1
L	EL TORO	2.9	16.0
	SANTA MARGARITA/ PORTOLA		
L	BAKE	1.7	17.7
L	BAKE	0.3	18.0
R	TOWN CENTER	0.2	18.2
L	into Shopping Ctr	0.1	18.3

FOOD/REST STOP
HOUSE OF GRIND
 Near BAKE & TOWN CENTER
 LAKE FOREST

Return to Deerfield Park

R	TOWN CENTER	0.1	18.4
R	BAKE	3.6	22.0
R	JERONIMO	0.6	22.6
L	ALTON	0.9	23.5
L	TECHNOLOGY E	1.2	24.7
L	BARRANCA	0.4	25.1
R	IRVINE CTR DR	3.3	28.4
R	DEERWOOD		28.4

QUESTIONS/COMMENTS
 RIDCOORD@BIKEIRVINE.ORG
 SUN22.XLS ~ MEDIUM
 © 111104

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		Turn	Miles
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	1.3	2.1
L	TRABUCO	0.7	2.8
R	CULVER	1.9	4.7
R	PORTOLA	2.5	7.2
R	SAND CANYON	0.7	7.9
L	IRVINE BL	3.8	11.7
R	BAKE	0.4	12.1
L	TOLEDO	1.0	13.1
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L	BAKE	0.3	18.0
R	TOWN CENTER	0.2	18.2
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FOOD/REST STOP
HOUSE OF GRIND
 Near BAKE & TOWN CENTER
 LAKE FOREST

Return to Deerfield Park

R	TOWN CENTER	0.1	18.4
R	BAKE	3.6	22.0
R	JERONIMO	0.6	22.6
L	ALTON	0.9	23.5
L	TECHNOLOGY E	1.2	24.7
L	BARRANCA	0.4	25.1
R	IRVINE CTR DR	3.3	28.4
R	DEERWOOD		28.4

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SUNDAY SOCIAL - LONG
37 Miles 1,900' climb

Dir		To Next	
		Turn	Miles
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	2.4	3.2
L	IRVINE BL	1.9	5.1
R	JAMBOREE	4.9	10.0
	SANTIAGO CYN/ EL		
R	TORO	13.4	23.4
R	GLENN RANCH	1.5	24.9
R	PORTOLA	0.9	25.8
L	BAKE	0.3	26.1
R	TOWN CENTER	0.2	26.3
L	into Shopping Ctr	0.1	26.4

FOOD/REST STOP
HOUSE OF GRIND
Near BAKE & TOWN CENTER
LAKE FOREST

Return to Deerfield Park

R	TOWN CENTER	0.1	26.5
R	BAKE	3.6	30.1
R	JERONIMO	0.6	30.7
L	ALTON	0.9	31.6
L	TECHNOLOGY E	1.2	32.8
L	BARRANCA	0.4	33.2
R	IRVINE CTR DR	3.3	36.5
R	DEERWOOD		36.5

QUESTIONS/COMMENTS
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SUNDAY SOCIAL - LONG
37 Miles 1,900' climb

Dir		To Next	
		Turn	Miles
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	2.4	3.2
L	IRVINE BL	1.9	5.1
R	JAMBOREE	4.9	10.0
	SANTIAGO CYN/ EL		
R	TORO	13.4	23.4
R	GLENN RANCH	1.5	24.9
R	PORTOLA	0.9	25.8
L	BAKE	0.3	26.1
R	TOWN CENTER	0.2	26.3
L	into Shopping Ctr	0.1	26.4

FOOD/REST STOP
HOUSE OF GRIND
Near BAKE & TOWN CENTER
LAKE FOREST

Return to Deerfield Park

R	TOWN CENTER	0.1	26.5
R	BAKE	3.6	30.1
R	JERONIMO	0.6	30.7
L	ALTON	0.9	31.6
L	TECHNOLOGY E	1.2	32.8
L	BARRANCA	0.4	33.2
R	IRVINE CTR DR	3.3	36.5
R	DEERWOOD		36.5

QUESTIONS/COMMENTS
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®111404

SUNDAY SOCIAL - LONG PLUS

50 Miles

**HILLY
To Next**

Dir		Turn	Miles
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	2.4	3.2
L	IRVINE BL	1.9	5.1
R	JAMBOREE	4.9	10.0
R	TORO	13.4	23.4
R	GLENN RANCH	1.5	24.9
R	PORTOLA	0.9	25.8
L	BAKE	0.3	26.1
R	TOWN CENTER	0.2	26.3
L	into Shopping Ctr	0.1	26.4

SUNDAY SOCIAL - LONG PLUS

50 Miles

**HILLY
To Next**

Dir		Turn	Miles
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
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L	IRVINE BL	1.9	5.1
R	JAMBOREE	4.9	10.0
R	TORO	13.4	23.4
R	GLENN RANCH	1.5	24.9
R	PORTOLA	0.9	25.8
L	BAKE	0.3	26.1
R	TOWN CENTER	0.2	26.3
L	into Shopping Ctr	0.1	26.4

FOOD/REST STOP**HOUSE OF GRIND**

Near BAKE & TOWN CENTER

LAKE FOREST**FOOD/REST STOP****HOUSE OF GRIND**

Near BAKE & TOWN CENTER

LAKE FOREST

Return to Deerfield Park

R	TOWN CENTER	0.1	26.5
L	BAKE	0.3	26.8
R	PORTOLA	2.3	29.1
R	MARGUERITE PKWY	2.7	31.8
R	TRABUCO	1.4	33.2
L	LOS ALISOS	1.8	35.0
R	MUIRLANDS/BARRANCA	7.0	42.0
L	JEFFREY/UNIVERSITY	3.5	45.5
R	HARVARD	3.1	48.6
R	IRVINE CTR DR	1.0	49.6
L	DEERWOOD		49.6

Return to Deerfield Park

R	TOWN CENTER	0.1	26.5
L	BAKE	0.3	26.8
R	PORTOLA	2.3	29.1
R	MARGUERITE PKWY	2.7	31.8
R	TRABUCO	1.4	33.2
L	LOS ALISOS	1.8	35.0
R	MUIRLANDS/BARRANCA	7.0	42.0
L	JEFFREY/UNIVERSITY	3.5	45.5
R	HARVARD	3.1	48.6
R	IRVINE CTR DR	1.0	49.6
L	DEERWOOD		49.6

QUESTIONS/COMMENTS**RIDECOORD@BIKEIRVINE.ORG****SUN22.XLS ~ LONG PLUS****QUESTIONS/COMMENTS****RIDECOORD@BIKEIRVINE.ORG****SUN22.XLS ~ LONG PLUS**