

SUNDAY SOCIAL - MEDIUM
34 Miles
1800' Climb
HILLY

Dir		To Next Turn	Miles
L	IRVINE CENTER DR	2.5	2.5
R	LAGUNA CANYON	6.2	8.7
L	EL TORO	3.0	11.7
R	MOULTON	1.2	12.9
R	GLENWOOD/PACIFIC PK	2.0	14.9
L	CHASE/WOOD CANYON	2.6	17.5
R	ALISO CREEK	0.7	18.2
L	just before LA PAZ		18.2

FOOD/REST STOP
STARBUCKS COFFEE
Corner LA PAZ & ALISO CREEK
LAGUNA NIGUEL

Return to Deerfield Park

L	LA PAZ (NORTH)	1.0	19.2
R	PACIFIC PARK/ OSO	3.1	22.3
L	MARGUERITE	0.9	23.2
L	LA PAZ	1.1	24.3
R	MUIRLANDS/BARRANCA	6.4	30.7
R	IRVINE CENTER DR	3.3	34.0
R	DEERWOOD		34.0

QUESTIONS/COMMENTS
RIDECOORD@BIKEIRVINE.ORG

SUN17.XLS ~ MEDIUM

SUNDAY SOCIAL - LONG
45 Miles
HILLY

Dir		To Next Turn	Miles
L	IRVINE CENTER DR	2.5	2.5
R	LAGUNA CANYON	6.2	8.7
L	EL TORO	3.0	11.7
R	MOULTON	1.2	12.9
R	GLENWOOD/PACIFIC PK	2.0	14.9
L	CHASE/WOOD CANYON	2.6	17.5
R	ALISO CREEK	0.3	17.8
R	ALICIA	2.3	20.1
R	CROWN VALLEY PKY	2.1	22.2
L	CAMINO DEL AVION	1.5	23.7
L	GOLDEN LANTERN	5.3	29.0
L	ALISO CREEK	0.6	29.6
X	LA PAZ then right		29.6

FOOD/REST STOP
STARBUCKS COFFEE
Corner LA PAZ & ALISO CREEK
LAGUNA NIGUEL

Return to Deerfield Park

L	LA PAZ (N)	1.0	30.6
R	PACIFIC PARK/ OSO	3.1	33.7
L	MARGUERITE	0.9	34.6
L	LA PAZ	1.1	35.7
R	MUIRLANDS/BARRANCA	6.4	42.1
R	IRVINE CENTER DR	3.3	45.4
R	DEERWOOD		45.4

QUESTIONS/COMMENTS
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SUN17.XLS ~ LONG

SUNDAY SOCIAL - LONG PLUS
50 Miles
HILLY

Dir		To Next Turn	Miles
L	IRVINE CENTER DR	2.5	2.5
R	LAGUNA CANYON	6.2	8.7
L	EL TORO	3.0	11.7
R	MOULTON	1.2	12.9
R	GLENWOOD/PACIFIC PK	2.0	14.9
L	CHASE/WOOD CANYON	2.6	17.5
R	ALISO CREEK	0.3	17.8
R	ALICIA	2.3	20.1
R	CROWN VALLEY PKY	2.1	22.2
L	CAMINO DEL AVION	1.5	23.7
L	GOLDEN LANTERN	5.3	29.0
L	ALISO CREEK	0.6	29.6
X	LA PAZ then right		29.6

FOOD/REST STOP
STARBUCKS COFFEE
Corner LA PAZ & ALISO CREEK
LAGUNA NIGUEL

Return to Deerfield Park

R	LA PAZ	1.5	31.1
L	CROWN VALLEY	0.6	31.7
L	MOULTON PKWY	2.2	33.9
R	OSO PKWY	3.3	37.2
L	FELIPE	1.1	38.3
L	LA PAZ	2.4	40.7
R	MUIRLANDS/BARRANCA	6.4	47.1
R	IRVINE CENTER DR	3.3	50.4
R	DEERWOOD		50.4

QUESTIONS/COMMENTS
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