

SUNDAY SOCIAL - MEDIUM

35 Miles

FLAT

SUNDAY SOCIAL - LONG

43 Miles

HILLY

Dir		To Next Turn	Miles
R	IRVINE CENTER DR	1.0	1.0
L	HARVARD	1.3	2.3
R	BARRANCA	1.1	3.4
L	VON KARMAN	2.5	5.9
L	CAMPUS	1.4	7.3
L	Bike Trail be4 University	3.2	10.5
X	HARVARD,Stay on Trail	2.4	12.9
R	Go Under JEFFERY	0.0	12.9
L	Bike Trail past bridge	2.4	15.3
S	Regional Bike Trail	0.0	15.3
L	Unmarked Rd (Pacifica)	0.2	15.5
R	ALTON	0.4	15.9
R	IRVINE CENTER DR	1.4	17.3
L	BAKE	2.3	19.6
R	TOLEDO	0.4	20.0
L	SERRANO	0.9	20.9
L	just be4 LAKE FOREST	0.1	21.0

FOOD/REST STOP**BAGELS& BREW**

Corner LAKE FOREST & TRABUCO
LAKE FOREST

Return to Deerfield Park

L	TRABUCO/IRVINE BI (NW)	9.2	30.2
L	TUSTIN RANCH	1.6	31.8
L	WALNUT	1.0	32.8
R	HARVARD	0.8	33.6
L	IRVINE CENTER DR	1.0	34.6
L	DEERWOOD		34.6

QUESTIONS/COMMENTS

RIDECOORD@BIKEIRVINE.ORG

SUN15.XLS - MEDIUM

Dir		To Next Turn	Miles
R	IRVINE CENTER DR	1.0	1.0
L	HARVARD	1.3	2.3
R	BARRANCA	1.1	3.4
L	VON KARMAN	2.5	5.9
L	CAMPUS	1.4	7.3
L	Bike Trail be4 University	3.2	10.5

SHIFT MIND SET TO "TRAIL"

Hate Bike Trails? Instead:

L UNIVERSITY, Jump to ####

X	HARVARD,Stay on Trail	2.4	12.9
R	Go Under JEFFERY	0.0	12.9
L	Bike Trail past bridge	2.4	15.3
S	Regional Bike Trail	0.0	15.3
R	#####ALTON	0.6	15.9
R	IRVINE CTR DR/MOULTON	3.7	19.6
L	EL TORO	0.8	20.4
R	PASEO DE VALENCIA	0.9	21.3
L	LOS ALISOS	5.0	26.3
L	SANTA MARGARITA	0.5	26.8
L	EL TORO	0.6	27.4
R	NORMANDALE	0.6	28.0
L	OSTERMAN	0.3	28.3
R	PITTSFORD	0.2	28.5
L	LAKE FOREST	1.0	29.5
X	TRABUCO Then Right	0.0	29.5

FOOD/REST STOP**BAGELS& BREW**

Corner LAKE FOREST & TRABUCO
LAKE FOREST

Return to Deerfield Park

L	TRABUCO/IRVINE BL (NW)	9.2	38.7
L	TUSTIN RANCH	1.6	40.3
L	WALNUT	1.0	41.3
R	HARVARD	0.8	42.1
L	IRVINE CENTER DR	1.0	43.1
L	DEERWOOD		43.1

QUESTIONS/COMMENTS

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SUN15.XLS - LONG