

SUNDAY SOCIAL - MEDIUM
32 Miles **ROLLY**

Dir		To Next Turn Miles	
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	1.3	2.1
L	TRABUCO	0.7	2.8
R	CULVER	1.9	4.7
R	PORTOLA	2.5	7.2
R	SAND CANYON	0.7	7.9
L	IRVINE BL	3.8	11.7
R	BAKE	0.4	12.1
L	TOLEDO	1.0	13.1
L	EL TORO	2.8	15.9
R	SANTA MARGARITA	0.8	16.7
R	MARGUERITE	4.0	20.7
R	LA PAZ	0.9	21.6

FOOD/REST STOP
DIEDRICHS COFFEE
LA PAZ & CHRISANTA
MISSION VIEJO

Return to Deerfield Park

R	LA PAZ	0.2	21.8
R	MUIRLANDS	4.5	26.3
L	ALTON	0.5	26.8
L	TECHNOLOGY E	1.2	28.0
L	BARRANCA	0.4	28.4
R	IRVINE CTR DR	3.3	31.7
R	DEERWOOD		31.7

QUESTIONS/COMMENTS
RIDECOORD@BIKEIRVINE.ORG
SUN09.XLS ~ MEDIUM

SUNDAY SOCIAL - LONG
40 Miles **2200' Climb**

Dir		To Next Turn Miles	
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	2.4	3.2
L	IRVINE BL	1.9	5.1
R	JAMBOREE	4.9	10.0
R	SANTIAGO CYN / EL TORO	14.4	24.4
R	MARGUERITE	4.7	29.1
R	LA PAZ	0.9	30.0

FOOD/REST STOP
DIEDRICHS COFFEE
LA PAZ & CHRISANTA
MISSION VIEJO

Return to Deerfield Park

R	LA PAZ	0.2	30.2
R	MUIRLANDS	4.5	34.7
L	ALTON	0.5	35.2
L	TECHNOLOGY E	1.2	36.4
L	BARRANCA	0.4	36.8
R	IRVINE CTR DR	3.3	40.1
R	DEERWOOD		40.1

QUESTIONS/COMMENTS
RIDECOORD@BIKEIRVINE.ORG

SUN09.XLS ~ LONG