

SUNDAY SOCIAL - MEDIUM

34 Miles 1230' Climb

Dir	To Next	Turn	Miles
L	DEERWOOD	0.7	0.7
R	DEERCREEK	0.0	0.7
R	DEERFIELD	0.1	0.8
L	YALE	1.1	1.9
R	ROOSEVELT	0.8	2.7
L	JEFFERY	2.2	4.9
R	PORTOLA	1.1	6.0
R	SAND CANYON	0.5	6.5
L	IRVINE BL	3.8	10.3
R	BAKE	0.4	10.7
L	TOLEDO	1.3	12.0
R	RIDGE ROUTE	0.5	12.5
L	JERONIMO	1.0	13.5
R	LOS ALISOS	1.7	15.2
L	PASEO DE VALENCIA	0.9	16.1
R	ALICIA	1.7	17.8
L	PACIFIC PARK		17.8

STARBUCKS COFFEE
Corner ALICIA & PACIFIC PARK
LAGUNA NIGUEL

R	PACIFIC PARK	0.5	18.3
L	MOULTON	1.5	19.8
R	LAGUNA HILLS	0.7	20.5
L	PASEO DE VALENCIA	0.6	21.1
R	LOS ALISOS	1.7	22.8
L	MUIRLANDS/ BARRANCA	3.2	26.0
L	SAND CANYON	0.2	26.2
R	ALTON	2.4	28.6
L	JEFFERY	1.8	30.4
R	YALE (Cross 405 FWY)	0.8	31.2
R	EAST YALE LOOP	2.1	33.3
R	YALE	0.2	33.5
L	IRVINE CENTER DR	0.4	33.9
R	DEERWOOD		33.9

QUESTIONS/COMMENTS
RIDECOORD@BIKEIRVINE.ORG
SUN05.XLS ~ MEDIUM

SUNDAY SOCIAL - LONG

47 Miles ROLLY/HILLY

Dir	To Next	Turn	Miles
R	IRVINE CENTER DR	1.0	1.0
L	HARVARD	4.7	5.7
R	CALIFORNIA	0.2	5.9
L	CAMPUS	1.1	7.0
L	TURTLE ROCK	1.4	8.4
L	RIDGELINE	1.4	9.8
R	UNIVERSITY/JEFFERY	2.3	12.1
R	IRVINE CTR DR/ MOULTON	7.4	19.5
R	PARK	4.0	23.5
R	just past ALICIA	0.0	23.5

FOOD/REST STOP
STARBUCKS COFFEE
Corner ALICIA & PACIFIC PARK
LAGUNA NIGUEL

R	PACIFIC PARK	0.5	24.0
L	MOULTON	1.5	25.5
R	LAGUNA HILLS	0.7	26.2
L	PASEO DE VALENCIA	0.6	26.8
R	LOS ALISOS	1.7	28.5
L	JERONIMO	0.5	29.0
R	EL TORO	3.2	32.2
L	PORTOLA	1.7	33.9
L	BAKE	4.3	38.2
R	MUIRLANDS/ BARRANCA	4.0	42.2
L	SAND CANYON	0.4	42.6
R	ALTON	2.4	45.0
R	EAST YALE LOOP	1.2	46.2
R	YALE	0.2	46.4
L	IRVINE CENTER DR	0.4	46.8
R	DEERWOOD		46.8

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SUNDAY SOCIAL - LONG PLUS

56 Miles ROLLY/HILLY

Dir	To Next	Turn	Miles
R	IRVINE CENTER DR	1.0	1.0
L	HARVARD	4.7	5.7
R	CALIFORNIA	0.2	5.9
L	CAMPUS	1.1	7.0
L	TURTLE ROCK	1.4	8.4
L	RIDGELINE	1.4	9.8
R	UNIVERSITY/JEFFERY	2.3	12.1
R	IRVINE CTR DR/ MOULTON	7.4	19.5
R	GLENWOOD/ PACIFIC PARK	4.0	23.5
R	Just past ALICIA	0.0	23.5

FOOD/REST STOP
STARBUCKS COFFEE
Corner ALICIA & PACIFIC PARK
LAGUNA NIGUEL

R	PACIFIC PARK	0.4	23.9
R	LA PAZ	2.4	26.3
R	CROWN VALLEY	1.3	27.6
L	HILLHURST	0.2	27.8
R	DEL VALLE	0.1	27.9
L	DEL CAMPO	0.4	28.3
R	NIGUEL	0.1	28.4
L	MARINA HILLS	1.1	29.5
L	GOLDEN LANTERN	5.0	34.5
R	LAGUNA HILLS	0.7	35.2
L	PASEO DE VALENCIA	0.6	35.8
R	LOS ALISOS	1.7	37.5
L	JERONIMO	0.5	38.0
R	EL TORO	3.2	41.2
L	SANTA MARGARITA/ PORTOLA	1.7	42.9
L	BAKE	4.3	47.2
R	MUIRLANDS/ BARRANCA	4.0	51.2
L	SAND CANYON	0.4	51.6
R	ALTON	2.4	54.0
R	EAST YALE LOOP	1.2	55.2
R	YALE	0.2	55.4
L	IRVINE CENTER DR	0.4	55.8
R	DEERWOOD		55.8

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