

**FRIDAY RIDE - SAN JUAN CAPISTRANO**

40.5 Miles

To Next

| Dir |                                       | Turn | Miles |
|-----|---------------------------------------|------|-------|
| L   | IRVINE CENTER DR                      | 3.2  | 3.2   |
| L   | BARRANCA/MUIRLANDS                    | 6.3  | 9.5   |
| L   | LA PAZ                                | 0.2  | 9.7   |
| R   | CHRISANTA                             | 0.7  | 10.4  |
| L   | ESTANCIERO                            | 0.6  | 11.0  |
| R   | MARGUERITE PKWY                       | 0.8  | 11.8  |
| L   | OSO PARKWAY                           | 1.5  | 13.3  |
| R   | ANTONIO PARKWAY                       | 4.7  | 18.0  |
| R   | ORTEGA HWY (74)                       | 0.9  | 18.9  |
| L   | AVENIDA SIEGA                         | 0.2  | 19.1  |
| R   | CALLE ARROYO                          | 0.8  | 19.9  |
| L   | CALLE DEL CAMPO                       | 0.8  | 20.7  |
|     | through signal @ RANCHO VIEGO         |      | 20.7  |
| L   | PASEO TIRADOR                         | 0.2  | 20.9  |
|     | BIKE PATH                             | 0.4  | 21.3  |
|     | under Freeway;<br>sharp right at gate |      | 21.3  |
| R   | AVENIDA LOS AMIGOS                    | 0.2  | 21.5  |
| L   | LA PALOMA                             | 0.0  | 21.5  |
| R   | Alley                                 | 0.2  | 21.7  |
| R   | Parkinglot                            | 0.0  | 21.7  |

**FOOD/REST STOP**

Starbucks / Bakery

|   |                     |     |      |
|---|---------------------|-----|------|
| R | CAMINO CAPISTRANO   | 4.0 | 25.7 |
| R | PASEO DE COLINAS    | 0.3 | 26.0 |
| R | CABOT               | 2.8 | 28.8 |
| L | PASEO DEL VALENCIA  | 2.5 | 31.3 |
| R | LOS ALISOS          | 1.1 | 32.4 |
| L | MUIRLANDS           | 4.8 | 37.2 |
| R | IRVINE CENTER DRIVE | 3.3 | 40.5 |
| R | DEERWOOD            | 0.0 | 40.5 |

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