

BEAR TRAINING RIDE #6
47 MILES 3,100 FT. ELEV. GAIN

R	IRVINE CENTER DR.	0.9	0.9
R	HARVARD	0.8	1.7
L	WALNUT	0.9	2.6
R	TUSTIN RANCH	1.9	4.5
L	LA COLINA	0.8	5.3
R	RED HILL	0.3	5.6
R	SKYLINE climb	0.2	5.8
BL	SKYLINE climb	0.4	6.2
BL	SKYLINE climb	0.3	6.5
BL	SKYLINE climb	0.3	6.8
BR	SKYLINE climb	0.2	7.0
BL	SKYLINE climb	1.1	8.1
L	COWAN HEIGHTS	0.1	8.2
R	NEWPORT climb	2.2	10.4
L	SANTIAGO CYN./VILLA PARK	3.9	14.3
R	WANDA/SANTIAGO	1.8	16.1
R	NOHL RANCH RD. (SINGLE FILE) climb, rolly, major climb	5.0	21.1
L	SERRANO	2.8	23.9
L	WEIR CYN.	0.1	24.0
L	Rest Stop - Starbucks Bagel Stop - Shopping Center	----	24.0
L	WEIR CYN	0.4	24.4
L	SANTA ANA CYN. RD.	2.4	26.8
L	ANAHEIM HILLS RD.	0.7	27.5
R	NOHL RANCH RD. (SINGLE FILE)	2.0	29.5
L	MEATS climb, then steep downhill	0.9	30.4
L	SUMMIT RIDGE climb Don't miss it on downhill	0.4	30.8
L	CERRO VILLA DR.	0.9	31.7
R	VALLEY	0.8	32.5
BL	LEMON	0.9	33.4
L	VILLA PARK / SANTIAGO	3.7	37.1
R	JAMBOREE	4.9	42.0
L	IRVINE BLVD.	1.8	43.8
R	YALE	2.5	46.3
R	IRVINE CENTER DR.	0.4	46.7
R	DEERFIELD	----	46.7

Questions or Comments?
Mike 949-466-6641

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