

BEAR TRAINING RIDE #5
46 MILES 3050 Ft. Elev. gain

R	IRVINE CENTER DR.	0.0
R	HARVARD	0.9
L	WALNUT	1.7
R	TUSTIN RANCH	2.6
L	JAMBOREE A climb	5.8
R	SANTIAGO CANYON A climb and roly	9.0
L	MODJESKA CANYON RD.	18.1
R	MODJESKA GRADE A steep Hill!!	18.9
L	SANTIAGO CANYON	20.2
L	LIVE OAK CANYON At Cook's Corner (SINGLE FILE PLEASE!) A hill, long downhill, Then another hill	21.4
R	PLANO TRABUCO	26.4
R	SANTA MARGARITA	26.9
R	Rest Stop - Mercado Del Lago Shopping Ctr - Coffee, Bagels-Rest Rm	27.2
R	SANTA MARGARITA	27.2
L	ALICIA	29.5
L	OLYMPIAD	30.6
R	JERONIMO	31.5
R	MARGUERITE a climb	33.1
L	ALICIA	34.5
R	TRABUCO	35.2
L	ALTON	39.3
R	BARRANCA	40.8
R	IRVINE CENTER DRIVE	42.6
R	DEERFIELD	45.8

Questions or Comments?
Mike 949-466-6641

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